



# MIAMI POLICE TRAINING CENTER

## Basic Police Cycling Course

### *Region XIV Training Workshop*

**DATE:**  
*August 27 – 31, 2012*

**CLOSING DATE:**  
*July 27, 2012*

**TIME: 0800 – 1700**

*Agility Test will take place at  
Crandon Park/South Beach at 9:00am  
6747 Crandon Blvd. Key Biscayne, FL*

**LOCATION:** Miami Police College  
350 N.W. 2<sup>nd</sup> Avenue  
2<sup>nd</sup> Floor – Rm. 215  
Miami, FL 33128

*Workshop hours may be used for  
mandatory training.*

**OVERVIEW:** This is a 40-hour course that will certify Law Enforcement officers in Policing by Mountain Bicycle. The course consists of slow riding techniques (cone course), distance/endurance rides, riding in traffic, technical riding and bike maintenance. Officers should be in good physical condition and must be able to ride 35+ miles per day.

**ATTIRE:** Department Issued Bicycle Uniform / Police navy blue bicycle shorts, navy blue T-shirt with police logo in the back and solid black sneakers.

**EQUIPMENT:** It is mandatory for the students to wear all issued duty gear (i.e. police radio, Taser, magazine, handcuffs, ASP baton and firearm). Participants are also required to bring a white bicycle helmet, black framed sun glasses, bicycle gloves and a whistle.

**ENROLLMENT:** Open to all sworn Law Enforcement personnel. Due to the physical exertion of this course, all participants must pass an agility test administered by the City of Miami Police Bicycle Instructors scheduled for **July 25, 2012**.

### **REGISTRATION:**

**MPD:** Submit an automated RF-19 through channels.

**OUTSIDE AGENCIES:** Please submit the required internal training request and once approved download a student application form and submit to your training department for approval signature.

[http://www.miami-police.org/docs/Student\\_Application\\_Form.pdf](http://www.miami-police.org/docs/Student_Application_Form.pdf)

### **Please contact Julie Lamelas at:**

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**Accommodations for participants with special needs:** To ensure that we can accommodate persons with disabilities who wish to attend our courses, please be sure to identify the accommodation needed when you register.

